



ST VINCENT'S
PRIVATE HOSPITAL
WERRIBEE



MY VISIT TO HOSPITAL

A social story



Today I'm going to the hospital.



I will go to reception and say my name. There will be other people waiting there too, and it can be noisy. I can bring my favourite toy to stay calm.



My adult will fill in some forms, then we are ready to go upstairs.



We can take the lift or walk up the stairs to level 1.
A hospital helper will take us up.



We go through doors into a waiting room. I may need to wait a little, but there are toys and games I can play with.



I will wait for my name to be called, and we will go into a small room where my adult will fill in some forms with a nurse.



The nurse will weigh me. This tells the doctor how much medicine I need. My adult will be with me the whole time.



The nurse will give me a special name tag to wear on my arm. The nurse will take my blood pressure and put a special peg on my finger or toe.



I will get changed into a special gown. My adult will put on a white hospital gown, a blue hat and slippers over their shoes. The doctors and nurses will also wear coloured gowns, hats and glasses.



I will wait with my adult. I can play with toys while we wait. Sometimes hospitals can be busy, so I may have to wait my turn.



I will have special cream with Band-Aid/plaster on both my hands. Only the doctors and nurses can touch this. The nurse will check my special name tag.



When it is my turn, I will go to the operation room with the nurses. My adult will come with me and I can bring a special toy.



The doctors will say hello and make sure everything is ready to go. My adult is still with me.



I will climb onto a special bed, there will be lots of lights and machines.



The doctors will ask me if I would like the mask, or a needle in my hand where the special cream is. This will make me sleepy. My adult will be with me when I go to sleep.



I will wake up in a big room with a nurse next to me. I might have a mask on my face. The nurse will take off the mask from my face and call my adult to come down to me.



If I'm having a day visit, I will be moved to a comfy chair. I get a certificate of attendance and icy pole. I will stay here with my adult until the nurse says I am ready to go.



If I'm sleeping overnight at the hospital I will go to my room on the ward. My adult will be with me.



I will have a special tap in my hand so the doctor and nurses can give me medicine. The nurses will give me medicine and a lemonade icy pole. I will feel sore after my operation and the medicine helps this go away. The nurse will check on me and look at the special peg on my finger. I will be given water or juice.



When I am ready to go home, I say goodbye to the nurses. I'm proud of myself.

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