



ST VINCENT'S  
PRIVATE HOSPITAL  
TOOWOOMBA

A FACILITY OF ST VINCENT'S HEALTH AUSTRALIA

# Baby and Parenting Support Service (BAPSS)

St Vincent's Private Hospital is offering a multi-disciplinary, specialist inpatient service for families who require support and guidance with building skills and confidence in parenting. Our service, the Baby and Parenting Support Service (BAPSS), is based on the latest evidence-based approach to attachment parenting.

BAPSS is delivered by trained St Vincent's paediatric nurses in partnership with families. Education will be offered on topics such as sleep and settling, breastfeeding, crying, normal baby behaviour and building a secure attachment with your baby. Our expert dietitian and occupational therapists are also available to provide sessions on mother and baby nutrition, feeding difficulties, and the importance of self-care and play, if required.

St Vincent's Private Hospital Toowoomba  
St Gabriel's Paediatric Unit  
T: 0427 807 131  
E: [stgabriels@svha.org.au](mailto:stgabriels@svha.org.au)

## Who can access the service?

Families with children aged from birth to 12 months are able to access the service.

## How to access the service

- 1) Your first step is to book an appointment with your GP to discuss your concerns and any problems you are experiencing.
- 2) Your GP will ask you some questions about your health and the health of your baby.
- 3) Your GP will send a referral, in your baby's name, to one of our Paediatricians.
- 4) Once the referral is received by the Paediatrician, you will be contacted by phone by the Paediatrician's receptionist to arrange a date for your admission.

## Stay in hospital

The stay in hospital is for one to three nights, depending on your baby's clinical needs. You will be in a private room with ensuite, telephone, bar fridge, access to free Wi-Fi, television and PlayStation unit (also used as DVD player and Netflix compatible). Only one parent is able to stay overnight.

Meals will be provided for the caregiver and baby. Our room service menu offers freshly cooked, nutritious meals delivered to your room between the hours of 6.30am and 6.30pm. If you or your baby have any dietary requirements, please let our nursing staff know on admission.

The caregiver and baby will be cared for by our experienced Paediatric nurses under the guidance and support of a Paediatrician. Our dedicated staff will develop an individual plan based on your goals within the first 24 hours.





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## What you will need to bring

### For child

Please bring:

- the child's red book (Personal Health Record)
- health insurance details and Medicare card
- current medications (must be labelled)
- clothing (pack some warm clothing as it can be cold in hospital)
- sleeping bags, swaddle suits or wraps that your baby might use to sleep
- any feeding equipment and formula that your baby requires including water cup and bibs (if required)

If your baby prefers a certain bottle or teat, please bring these in with you ensuring that they are clearly named.

- toiletries
- dummy or comforter, bed time story books, favourite toys
- Pram, baby carrier (if you use one)

### For parent/carer

Please bring:

- comfortable daywear and sleep attire (include warm clothing)
- toiletries

Nappies, wipes, baby products, high chairs, disposable bottles and teats, bottle brushes and microwave sterilising bags, plastic cups, plates, bowls and spoons, bouncers for small babies, play mats, all bed linen and towels are provided.

While both parents are encouraged to be involved in the program where possible; only the baby's primary carer is able to stay overnight.

## Fees

If you have health insurance we advise that you contact your insurer to check if your policy covers your child for a medical admission into the Paediatric Unit.

If you don't have private health insurance, please contact: T: 07 4690 4000 and ask to be transferred through to our Patient Accounts Department for the full cost of this service.

For more information on the service please contact:

St Vincent's Private Hospital  
Toowoomba

St Gabriel's Paediatric Unit

22 -36 Scott St

Toowoomba QLD 4350

T: 0427 807 131

F: 07 4688 5429

E: [stgabriels@svha.org.au](mailto:stgabriels@svha.org.au)

